

Sponsored Bike Ride for St Margaret's Somerset Hospice and the Nephrotic Syndrome Trust

We completed the challenge!

From Land's End on July 27th



We set off with fine weather on day one at 10 am on 27th July through Cornwall reaching Launceston. We passed through Somerset via Taunton and Street on day 2 reaching Bath – a ride of 138 miles. Days 3 and 4 took us through the midlands via Gloucester, Ledbury, Tetbury and Shrewsbury reaching Chester. The weather turned foul through Warrington and Preston and the Lake District on day 5 – another long ride of 128 miles.

From Ullwater via Carlisle into Scotland on day 6 to Dumfries and Galloway. On day 7 we cycled through Glasgow and along Loch Lomand to Ardlui and in better weather a lovely day through the Great Glen via Fort Willian to Fort Augustus on day 8. On the penultimate day we cycled along Lock Ness to Inverness and along the north east coast to Wick - a distance of 140miles - leaving only 17 miles left on the last day

reaching John O'Groats before 10 am on August 5th. We suffered a broken pedal, 4 punctures and lots of blisters!

John O'Groats on 5th August



We believe we have so far raised in the region of £ 2000-£3000

Thank you once again for your kind support !

Adrian Bridge and Chris and Mark Wills