



**A MESSAGE FROM NEST'S AMBASSADOR  
Jonah Lomu.**

Nephrotic Syndrome (NS) is a very debilitating condition that can have a devastating effect on the lives of sufferers. Many of these are children, diagnosed in the first few years of their lives, who grow up with the constant reminders of their condition; daily monitoring and tests, medication with unpleasant side effects, the threat of relapse and an uncertainty about their future.

NeST (Nephrotic Syndrome Trust, Registered Charity No. 1107601) is a new charity and the only one set up solely to fund vital research into the causes and treatment of Nephrotic Syndrome. It has been set up and is being run by a small but dedicated team of volunteers whose initial fundraising efforts are to be applauded but they need your help and support to ensure that the research team can continue their important work.

I have had the challenge of managing Nephrotic Syndrome for more than a decade. It halted my rugby career in August 2003. I was fortunate to have a close friend donate a kidney to me and successfully transplanted in July 2004. This has given me a second chance and given my life back to me. But understanding the plight of other NS sufferers, I am passionate about helping others whose lives are so seriously affected by this condition.

Although NeST was established in the UK, far from New Zealand, I believe the research it funds is so important that I have agreed to become the charity's Ambassador and will help in whatever way I can to further the cause of NeST.

Please join me in supporting NeST to enable the continuation of this vital research to put an end to the suffering of the tens of thousands affected every year.

Jonah